

New Hampshire PT Board

FAQs

11/14/24

1. JAM frequency
 2. CEU's - we don't approve, where to find in rules
 3. Dry needling
 4. How to file a complaint
 5. Direct access
 6. Cannabis
 7. Co-signature requirements
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1. I recently received a notification that I need to take the Jurisprudence Assessment Module (JAM). Is it an official notification that I must follow?
 - a. The NH JAM is required to be taken each April, May, or June of years ending in "0" and "5" (Phy 402.03)
 2. I am interested in taking a continuing education course. Where do I go to get it approved for my license renewal?
 - a. The NH PTGB does not pre-approve courses to apply toward continuing competence requirements for license renewal. You can find information regarding continuing competency requirements at Phy 406.01 [Maintenance of Continuing Competence Requirements](#).
 3. I am interested in performing dry needling on my patients. Is it in the NH scope of practice and what are the requirements for education?
 - a. The NH PTGB directs you to follow guidance from FSBPT and the APTA. Resources can be found here: [FSBPT > Free Resources > Regulatory Resources > Dry Needling Competencies](#)
 4. I don't like the way my physical therapist treated me. How do I file a complaint to the NH PTGB?
 - a. You can find resources to file a complaint at the following link. You are encouraged to include specific facts and detailed information in the complaint details and complaint narrative sections of the form. If possible, also include the law(s)/rule(s) that were felt to be in violation.
 - b. [Report Non-Compliance | NH Office of Professional Licensure and Certification](#)
 5. Is there direct access in New Hampshire?
 - a. Per 328-A:9 Lawful Practice, a physical therapist is only required to refer a patient or client to appropriate health care practitioners when:

(a) The physical therapist has reasonable cause to believe symptoms or conditions are present that require services beyond the scope of practice; or (b) Physical therapy is contraindicated. ([Section 328-A:9 Lawful Practice.](#))

6. **TABLED pending Board Counsel research** - I think my patient has been using cannabis before therapy sessions. Can I still see them? Can I recommend the use of cannabis for my patient who has persistent pain?
 - a. Along with growing legalization of medical and recreational cannabis, there is increased use by physical therapy patients for a multitude of reasons including pain, anxiety, and anti-depression. The NH PTGB is silent regarding the use of cannabis however each patient on each day of treatment should be assessed for the ability to safely and effectively participate in a treatment session.
 - b. There are resources located on the FSBPT website [Cannabis Resource.pdf](#)
7. I have heard conflicting information regarding the need to co-sign my PTA's notes. Do I have to co-sign everything?
 - a. 328-A:11 Obligations of Licensees A physical therapist assistant shall work under a physical therapist's general supervision. A physical therapist assistant shall document care provided and shall report to a supervising physical therapist any status in a patient requiring a change in the plan of care. The supervising physical therapist shall review and co-sign all notes during each reevaluation. [Section 328-A:11 Obligations of Licensees.](#)